

Public Health Substance Use Helplines

STATE	HELPLINE	URL
AL	1.844.307.1760	https://mh.alabama.gov/division-of-mental-health-substance-abuse-services/substance-abuse-treatment-services/
AK	1.800.662.4357	https://health.alaska.gov/dbh/Pages/TreatmentRecovery-treatment.aspx
AZ	1.800.867.5808 or 1.602.364.4558	https://addictionresource.com/addiction-and-rehab-hotlines/arizona-numbers/
AR	1.844.763.0198	https://humanservices.arkansas.gov/divisions-shared-services/aging-adult-behavioral-health-services/samh-treatment/
CA	1.800.879.2772 or 916.327.3728	https://www.dhcs.ca.gov/provgovpart/Pages/SUD-Non-Emergency-Treatment-Referral-Line.aspx
CO	866.716.0142	https://drugrehabus.org/rehabs/treatment/government-funded/united-states/colorado/#filterbutt
CT	1.800.563.4086	https://portal.ct.gov/DMHAS/Programs-and-Services/Opioid-Treatment/Opioid-Treatment
DE	1.800.652.2929	https://dhss.delaware.gov/dhss/dsamh/treatment.html
DC	1.888.793.4357	https://dbh.dc.gov/service/treatment-services
FL	1.800.662.4357	https://www.floridahealth.gov/programs-and-services/prevention/substance-abuse/index.html
GA	1.800.715.4225	https://dbhdd.georgia.gov/be-supported/help-substance-abuse
HI	808-832-3100 toll-free 800-753-6879	https://health.hawaii.gov/substance-abuse/cares/
IL	1.833.2FINDHELP	https://dph.illinois.gov/topics-services/opioids/treatment.html
IN	1.800.662.4357	https://www.in.gov/fssa/addiction/
IA	855. 581.8111	https://idph.iowa.gov/substance-abuse/treatment
KS	1.866.645.8216 select option 2	https://kdads.ks.gov/kdads-commissions/behavioral-health/services-and-programs/substance-use-disorder-treatment-services
KY	1.833.859.4357	https://odcp.ky.gov/Resources/Pages/Treatment-and-Recovery-Resources.aspx
LA	318.487.5191	https://ldh.la.gov/page/2960
ME	1.800.662.4357	https://www.maine.gov/dhhs/obh/support-services/substance-use-disorder-services/treatment-services
MD	410.887.3224	https://www.baltimorecountymd.gov/departments/health/health-services/substance-use
MA	1.800.327.5050	https://helplinema.org/
MI	800.834.3393	https://www.michigan.gov/mdhhs/keep-mi-healthy/mental-health/drugcontrol/welcome/get-help-now-behavioral-health_1
MN	Text MN to 741741 to get help	https://sud.fasttrackermn.org/search/
MS	1-877-210-8513	https://www.dmh.ms.gov/wp-content/uploads/2022/09/Alcohol-and-Drug-Directory-5.5-%C3%97-8.5-in-1.pdf
MO	1.800.662.4357	https://dmh.mo.gov/media/pdf/directory-adult-substance-use-treatment-programs
MT	1.800.662.4357	https://dphhs.mt.gov/assets/amdd/SubstanceAbuse/CDProviderListbycity.pdf
NE	888.866.8660	https://dhhs.ne.gov/Pages/Addiction-Treatment-and-Recovery.aspx
NV	1.775.825.4357	https://dphh.nv.gov/Programs/ClinicalSAPTA/Home_-_SAPTA/#content
NH	1.800.662.4357 (SAMHSA helpline)	https://www.dhhs.nh.gov/programs-services/health-care/substance-misuse-treatment-services
NJ	1.844.732.2465	https://nj.gov/humanservices/reachnj/
NM	505.768.2000	https://www.cabq.gov/family/services/substance-abuse
NY	1.877.846.7369	https://findaddictiontreatment.ny.gov/
NC	1.800.510.9132 (Alliance Care)	https://www.ncdhhs.gov/providers/lme-mco-directory
ND	701.291.7901	https://www.behavioralhealth.nd.gov/24-7recoverytalk
OH	1.800.720.9616	https://mha.ohio.gov/get-help
OK	1.800.522.9054	https://nationalrehabhotline.org/oklahoma/
OR	1-800-923-4357	https://www.oregon.gov/oha/HSD/AMH/Pages/Addictions.aspx
PA	1.800.662.4357	https://apps.ddap.pa.gov/gethelpnow/careprovider.aspx
RI	401.606.5456	https://bhddh.ri.gov/substance-useaddiction
SC	1.800.662.4357 (SAMHSA helpline)	https://findtreatment.samhsa.gov/
SD	1.800.662.4357 (SAMHSA helpline)	https://dss.sd.gov/docs/behavioralhealth/services/List_of_Treatment_agencies_and_services.pdf
TN	615.532.6700	https://www.tn.gov/behavioral-health/children-youth-young-adults-families/tdmhsas-helpline.html
TX	877.541.7905	https://www.hhs.texas.gov/services/mental-health-substance-use-resources/outreach-screening-assessment-referral
UT	1.801.587.3000	https://dsamh.utah.gov/contact
VT	802.565.5465	https://www.healthvermont.gov/alcohol-drugs/how-get-help/find-treatment
VA	1.800.662.4357 (SAMHSA helpline)	https://www.dss.virginia.gov/community/addiction/index.cgi
WA	1.866.789.1511	https://www.warecoveryhelpline.org/
WV	844.435.7498	https://dhhr.wv.gov/COVID-19/Pages/Behavioral-Health.aspx
WI	833.944.4673	https://www.dhs.wisconsin.gov/aoda/hccindex.htm
WY	307.638.5519	https://health.wyo.gov/behavioralhealth/mhsa/treatment/csac/#:~:text=Substance%20Abuse%20and%20Mental%20Health%20ombudsman&text=Please%20contact%20the%20Behavioral%20Health,%2D800%2D535%2D4006.
Nationwide	1.800.662.4357	https://www.samhsa.gov/find-help/national-helpline
Nationwide	240.276.2700	https://www.samhsa.gov/medication-assisted-treatment/find-treatment/treatment-practitioner-locator